

# 7 Diciembre

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
					1 _____ am _____ m _____ pm	2 _____ am _____ m _____ pm
3 _____ am _____ m _____ pm	4 _____ am _____ m _____ pm	5 _____ am _____ m _____ pm	6 _____ am _____ m _____ pm	7 _____ am _____ m _____ pm	8 _____ am _____ m _____ pm	9 _____ am _____ m _____ pm
10 _____ am _____ m _____ pm	11 _____ am _____ m _____ pm	12 _____ am _____ m _____ pm	13 _____ am _____ m _____ pm	14 _____ am _____ m _____ pm	15 _____ am _____ m _____ pm	16 _____ am _____ m _____ pm
17 _____ am _____ m _____ pm	18 _____ am _____ m _____ pm	19 _____ am _____ m _____ pm	20 _____ am _____ m _____ pm	21 _____ am _____ m _____ pm	22 _____ am _____ m _____ pm	23 _____ am _____ m _____ pm
24 _____ am _____ m _____ pm	25 _____ am _____ m _____ pm	26 _____ am _____ m _____ pm	27 _____ am _____ m _____ pm	28 _____ am _____ m _____ pm	29 _____ am _____ m _____ pm	30 _____ am _____ m _____ pm



MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
31	1	2	3	4	5	6
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
7	8	9	10	11	12	13
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
14	15	16	17	18	19	20
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
21	22	23	24	25	26	27
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
28	29	30	31			
am	am	am	am			
m	m	m	m			
pm	pm	pm	pm			

# Febrero

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
				1 _____ am _____ m _____ pm	2 _____ am _____ m _____ pm	3 _____ am _____ m _____ pm
4 _____ am _____ m _____ pm	5 _____ am _____ m _____ pm	6 _____ am _____ m _____ pm	7 _____ am _____ m _____ pm	8 _____ am _____ m _____ pm	9 _____ am _____ m _____ pm	10 _____ am _____ m _____ pm
11 _____ am _____ m _____ pm	12 _____ am _____ m _____ pm	13 _____ am _____ m _____ pm	14 _____ am _____ m _____ pm	15 _____ am _____ m _____ pm	16 _____ am _____ m _____ pm	17 _____ am _____ m _____ pm
18 _____ am _____ m _____ pm	19 _____ am _____ m _____ pm	20 _____ am _____ m _____ pm	21 _____ am _____ m _____ pm	22 _____ am _____ m _____ pm	23 _____ am _____ m _____ pm	24 _____ am _____ m _____ pm
25 _____ am _____ m _____ pm	26 _____ am _____ m _____ pm	27 _____ am _____ m _____ pm	28 _____ am _____ m _____ pm	29 _____ am _____ m _____ pm		

# Marzo

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
					1 _____ am _____ m _____ pm	2 _____ am _____ m _____ pm
3 _____ am _____ m _____ pm	4 _____ am _____ m _____ pm	5 _____ am _____ m _____ pm	6 _____ am _____ m _____ pm	7 _____ am _____ m _____ pm	8 _____ am _____ m _____ pm	9 _____ am _____ m _____ pm
10 _____ am _____ m _____ pm	11 _____ am _____ m _____ pm	12 _____ am _____ m _____ pm	13 _____ am _____ m _____ pm	14 _____ am _____ m _____ pm	15 _____ am _____ m _____ pm	16 _____ am _____ m _____ pm
17 _____ am _____ m _____ pm	18 _____ am _____ m _____ pm	19 _____ am _____ m _____ pm	20 _____ am _____ m _____ pm	21 _____ am _____ m _____ pm	22 _____ am _____ m _____ pm	23 _____ am _____ m _____ pm
24 _____ am _____ m _____ pm	25 _____ am _____ m _____ pm	26 _____ am _____ m _____ pm	27 _____ am _____ m _____ pm	28 _____ am _____ m _____ pm	29 _____ am _____ m _____ pm	30 _____ am _____ m _____ pm

# Abril

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
31	1	2	3	4	5	6
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
7	8	9	10	11	12	13
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
14	15	16	17	18	19	20
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
21	22	23	24	25	26	27
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
28	29	30				
am	am	am				
m	m	m				
pm	pm	pm				

# Mayo

MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
			1 _____ am _____ m _____ pm	2 _____ am _____ m _____ pm	3 _____ am _____ m _____ pm	4 _____ am _____ m _____ pm
5 _____ am _____ m _____ pm	6 _____ am _____ m _____ pm	7 _____ am _____ m _____ pm	8 _____ am _____ m _____ pm	9 _____ am _____ m _____ pm	10 _____ am _____ m _____ pm	11 _____ am _____ m _____ pm
12 _____ am _____ m _____ pm	13 _____ am _____ m _____ pm	14 _____ am _____ m _____ pm	15 _____ am _____ m _____ pm	16 _____ am _____ m _____ pm	17 _____ am _____ m _____ pm	18 _____ am _____ m _____ pm
19 _____ am _____ m _____ pm	20 _____ am _____ m _____ pm	21 _____ am _____ m _____ pm	22 _____ am _____ m _____ pm	23 _____ am _____ m _____ pm	24 _____ am _____ m _____ pm	25 _____ am _____ m _____ pm
26 _____ am _____ m _____ pm	27 _____ am _____ m _____ pm	28 _____ am _____ m _____ pm	29 _____ am _____ m _____ pm	30 _____ am _____ m _____ pm	31 _____ am _____ m _____ pm	

# Junio

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
						1 _____ am _____ m _____ pm
2 _____ am _____ m _____ pm	3 _____ am _____ m _____ pm	4 _____ am _____ m _____ pm	5 _____ am _____ m _____ pm	6 _____ am _____ m _____ pm	7 _____ am _____ m _____ pm	8 _____ am _____ m _____ pm
9 _____ am _____ m _____ pm	10 _____ am _____ m _____ pm	11 _____ am _____ m _____ pm	12 _____ am _____ m _____ pm	13 _____ am _____ m _____ pm	14 _____ am _____ m _____ pm	15 _____ am _____ m _____ pm
16 _____ am _____ m _____ pm	17 _____ am _____ m _____ pm	18 _____ am _____ m _____ pm	19 _____ am _____ m _____ pm	20 _____ am _____ m _____ pm	21 _____ am _____ m _____ pm	22 _____ am _____ m _____ pm
23 _____ am _____ m _____ pm	24 _____ am _____ m _____ pm	25 _____ am _____ m _____ pm	26 _____ am _____ m _____ pm	27 _____ am _____ m _____ pm	28 _____ am _____ m _____ pm	29 _____ am _____ m _____ pm

# Julio

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
30	1	2	3	4	5	6
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
7	8	9	10	11	12	13
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
14	15	16	17	18	19	20
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
21	22	23	24	25	26	27
am	am	am	am	am	am	am
m	m	m	m	m	m	m
pm	pm	pm	pm	pm	pm	pm
28	29	30	31			
am	am	am	am			
m	m	m	m			
pm	pm	pm	pm			



# Agosto

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
				1 _____ am _____ m _____ pm	2 _____ am _____ m _____ pm	3 _____ am _____ m _____ pm
4 _____ am _____ m _____ pm	5 _____ am _____ m _____ pm	6 _____ am _____ m _____ pm	7 _____ am _____ m _____ pm	8 _____ am _____ m _____ pm	9 _____ am _____ m _____ pm	10 _____ am _____ m _____ pm
11 _____ am _____ m _____ pm	12 _____ am _____ m _____ pm	13 _____ am _____ m _____ pm	14 _____ am _____ m _____ pm	15 _____ am _____ m _____ pm	16 _____ am _____ m _____ pm	17 _____ am _____ m _____ pm
18 _____ am _____ m _____ pm	19 _____ am _____ m _____ pm	20 _____ am _____ m _____ pm	21 _____ am _____ m _____ pm	22 _____ am _____ m _____ pm	23 _____ am _____ m _____ pm	24 _____ am _____ m _____ pm
25 _____ am _____ m _____ pm	26 _____ am _____ m _____ pm	27 _____ am _____ m _____ pm	28 _____ am _____ m _____ pm	29 _____ am _____ m _____ pm	30 _____ am _____ m _____ pm	31 _____ am _____ m _____ pm

# Septiembre

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
1	2	3	4	5	6	7
_____	_____	_____	_____	_____	_____	_____
am	am	am	am	am	am	am
_____	_____	_____	_____	_____	_____	_____
m	m	m	m	m	m	m
_____	_____	_____	_____	_____	_____	_____
pm	pm	pm	pm	pm	pm	pm
8	9	10	11	12	13	14
_____	_____	_____	_____	_____	_____	_____
am	am	am	am	am	am	am
_____	_____	_____	_____	_____	_____	_____
m	m	m	m	m	m	m
_____	_____	_____	_____	_____	_____	_____
pm	pm	pm	pm	pm	pm	pm
15	16	17	18	19	20	21
_____	_____	_____	_____	_____	_____	_____
am	am	am	am	am	am	am
_____	_____	_____	_____	_____	_____	_____
m	m	m	m	m	m	m
_____	_____	_____	_____	_____	_____	_____
pm	pm	pm	pm	pm	pm	pm
22	23	24	25	26	27	28
_____	_____	_____	_____	_____	_____	_____
am	am	am	am	am	am	am
_____	_____	_____	_____	_____	_____	_____
m	m	m	m	m	m	m
_____	_____	_____	_____	_____	_____	_____
pm	pm	pm	pm	pm	pm	pm
29	30					
_____	_____					
am	am					
_____	_____					
m	m					
_____	_____					
pm	pm					

# Octubre

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
	1 _____ am _____ m _____ pm	1 _____ am _____ m _____ pm	2 _____ am _____ m _____ pm	3 _____ am _____ m _____ pm	4 _____ am _____ m _____ pm	5 _____ am _____ m _____ pm
6 _____ am _____ m _____ pm	7 _____ am _____ m _____ pm	8 _____ am _____ m _____ pm	9 _____ am _____ m _____ pm	10 _____ am _____ m _____ pm	11 _____ am _____ m _____ pm	12 _____ am _____ m _____ pm
13 _____ am _____ m _____ pm	14 _____ am _____ m _____ pm	15 _____ am _____ m _____ pm	16 _____ am _____ m _____ pm	17 _____ am _____ m _____ pm	18 _____ am _____ m _____ pm	19 _____ am _____ m _____ pm
20 _____ am _____ m _____ pm	21 _____ am _____ m _____ pm	22 _____ am _____ m _____ pm	23 _____ am _____ m _____ pm	24 _____ am _____ m _____ pm	25 _____ am _____ m _____ pm	26 _____ am _____ m _____ pm
27 _____ am _____ m _____ pm	28 _____ am _____ m _____ pm	29 _____ am _____ m _____ pm	30 _____ am _____ m _____ pm	31 _____ am _____ m _____ pm		

# Noviembre

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
					1 _____ am _____ m _____ pm	2 _____ am _____ m _____ pm
3 _____ am _____ m _____ pm	4 _____ am _____ m _____ pm	5 _____ am _____ m _____ pm	6 _____ am _____ m _____ pm	7 _____ am _____ m _____ pm	8 _____ am _____ m _____ pm	9 _____ am _____ m _____ pm
10 _____ am _____ m _____ pm	11 _____ am _____ m _____ pm	12 _____ am _____ m _____ pm	13 _____ am _____ m _____ pm	14 _____ am _____ m _____ pm	15 _____ am _____ m _____ pm	16 _____ am _____ m _____ pm
17 _____ am _____ m _____ pm	18 _____ am _____ m _____ pm	19 _____ am _____ m _____ pm	20 _____ am _____ m _____ pm	21 _____ am _____ m _____ pm	22 _____ am _____ m _____ pm	23 _____ am _____ m _____ pm
24 _____ am _____ m _____ pm	25 _____ am _____ m _____ pm	26 _____ am _____ m _____ pm	27 _____ am _____ m _____ pm	28 _____ am _____ m _____ pm	29 _____ am _____ m _____ pm	30 _____ am _____ m _____ pm

# Diciembre

## MI CONTROL DE AZUCAR

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
1	2	3	4	5	6	7
_____	_____	_____	_____	_____	_____	_____
am	am	am	am	am	am	am
_____	_____	_____	_____	_____	_____	_____
m	m	m	m	m	m	m
_____	_____	_____	_____	_____	_____	_____
pm	pm	pm	pm	pm	pm	pm
8	9	10	11	12	13	14
_____	_____	_____	_____	_____	_____	_____
am	am	am	am	am	am	am
_____	_____	_____	_____	_____	_____	_____
m	m	m	m	m	m	m
_____	_____	_____	_____	_____	_____	_____
pm	pm	pm	pm	pm	pm	pm
15	16	17	18	19	20	21
_____	_____	_____	_____	_____	_____	_____
am	am	am	am	am	am	am
_____	_____	_____	_____	_____	_____	_____
m	m	m	m	m	m	m
_____	_____	_____	_____	_____	_____	_____
pm	pm	pm	pm	pm	pm	pm
22	23	24	25	26	27	28
_____	_____	_____	_____	_____	_____	_____
am	am	am	am	am	am	am
_____	_____	_____	_____	_____	_____	_____
m	m	m	m	m	m	m
_____	_____	_____	_____	_____	_____	_____
pm	pm	pm	pm	pm	pm	pm
29	30	31				
_____	_____	_____				
am	am	am				
_____	_____	_____				
m	m	m				
_____	_____	_____				
pm	pm	pm				